

Missouri Lawyer Referral Service

- **Address:**
P.O. Box 119
Jefferson City, MO 65102
- **Services Provided:** This service costs \$25 and entitles you to an up-to-thirty-minute consultation with an attorney to get your legal questions answered and legal advice.
- **Coverage Area:** Missouri except in St. Louis, Kansas City or Springfield

HOW DO I ADJUST TO LIFE AFTER PRISON/JAIL?

Rehabilitation Resources

These organizations provide assistance with jobs, housing, and developing a life plan.

The Alliance of Southwest Missouri

1601 S. Wall Ave
Joplin, MO 64804

STL Reentry Collective

438 Skinker Blvd,
St. Louis, MO 63130

Connection to Success

3000 Little Hills
Expressway, Ste. 101
St. Charles, MO
63301

Expungement Resources

These organizations can help you expunge your records at little to no cost.

ArchCity Defenders

440 N. 4th Street,
Ste. 390
St. Louis, MO 63102

Liberated MO

P.O. Box 60
Pineville, MO 64856
attorney@liberatedmo.com

CONTACT US

outreach@aclu-mo.org

FILE A COMPLAINT

 aclu-mo.org/legal-help

STAY INFORMED

 @aclumo  @aclumo.bsky.social

 @aclumo  @aclu_mo

 aclu-mo.org

KNOW YOUR RIGHTS FOR INDIVIDUALS INCARCERATED



ACLU Missouri

ACLU Missouri

WHAT RIGHTS DO I HAVE IN PRISON AND JAIL?

The following are some civil rights that are protected in prison/jail. The law is always evolving, so if you have access to the prison's law library, stay up to date with new developments.

- **Humane conditions and facilities**
- **Adequate medical and mental health care:** It is important to record all of your requests for medical care and complaints to guards and medical professionals, as they can help prove that prison officials were aware of and ignored your medical needs.
- **Freedom from discrimination**
- **Freedom from sexual abuse/harassment**
- **Freedom from assault**
- **Nutrition:** You are entitled to healthy food and accommodations if you have a special diet for medical or religious reasons.
- **American with Disabilities Act (ADA) Protections:** You have the right to medical devices such as wheelchairs or canes, sign language interpreters, classification decisions, medical appointments, and educational/vocational programs.
- **Express complaints or file grievances regarding conditions or treatment**
- **Send and receive mail:** Prison staff can open non-privileged mail (letters from friends/relatives/businesses) outside of your presence without probable cause or a warrant, but can only open mail in your presence that is clearly marked as privileged (mail to and from attorneys and legal organizations) in your presence.

- **Trans Rights:** Prisons are required to provide treatment for gender dysphoria and failure to evaluate and/or taking too long to do so is a violation. They should also provide protection against threats and consider your safety when placing you in a prison.
- **Practice religion**

WHAT CAN I DO IF MY RIGHTS HAVE BEEN VIOLATED?

Step 1: File a Grievance

File an Informal Resolution Request (IRR) through your prison's grievance system within 15 days of the incident. Your prison will have 40 days to respond upon receiving your IRR. If the response is unsatisfactory, follow your prison's grievance system to submit an appeal.

Step 2: Contact the ACLU or another advocacy organization

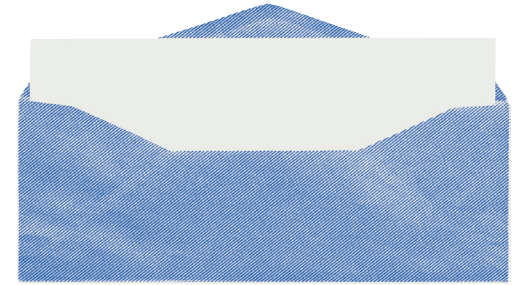
To request legal assistance by our team, you may submit a written complaint by mail at:

**Attention: Intake Unit
906 Olive Street, Suite 1130
St. Louis, MO 63101**

Your complaint must include your full name, address, DOC, or BOP number, and a clear explanation of the incident that occurred. The following questions should be addressed:

- How were your rights violated? (please include dates, places, documentation, and names of the people involved)

- What steps have you taken to solve the problem? We **strongly encourage** that you file an IRR before you submit a complaint to us. Attach your grievance and the response to your complaint.
- Do you have an attorney?



Keep in mind the ACLU does not have the capability to litigate every complaint. Below is a list of other advocacy and legal organizations that may be able to assist you:

ArchCity Defenders

- **Address:**
440 N. 4th Street, Ste. 390
St. Louis, MO 63102
- **Services Provided:** Legal services for jail/prison conditions and detainee's rights
- **Coverage Area:** St. Louis region and beyond

Niemeyer Grebel Kruse (NGK) Law

- **Address:**
211 North Broadway, Suite 2950
St. Louis, MO 63102
- **Services Provided:** Filing a civil lawsuit on your behalf, conducting investigations and gathering evidence, advocate for you with state or federal prison officials, and work to get you transferred to a safer facility
- **Coverage Area:** Missouri